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IMMEDIATE DENTURES - POST-OP INSTRUCTIONS

Immediate dentures are dentures that are placed immediately following the removal of teeth. The most important aspect of immediate dentures is to ensure that the dentures remain in place during the early post-operative period to control swelling. The dentures **MUST** remain in place for 24 hours following the surgery.

After 24 hours following your surgery, dentures should be removed and the mouth rinsed with warm salt water. It is normal to dislodge some blood clots with the first few rinses and slight bleeding is not uncommon.

Dentures are re-inserted immediately following mouth rinsing and are to be worn continually for the first 4 days following surgery. The only time dentures are to be removed during this period is to rinse with salt water.

Rinsing 4 to 5 times a day for the first week is recommended. After four days, dentures can be removed for longer periods of time, but this should be done only on the advice of Dr. MacNicol , Dr. Jackson, Dr. Gater, your dentist or your denture therapist.

Your diet will be affected with the removal of multiple teeth and the insertion of dentures. A soft non-chewing diet with high protein and good nutritional value is important following the surgery. Soup, applesauce, yogurt, Carnation Instant Breakfast, well-cooked pasta and similar items are important to maintain adequate nutrition and promote proper healing.

If you have any questions please call our office at (705) 734-9292.